

ACRES

Afterschool Coaching for
Reflective Educators in STEM

a project of



COACHING FOR AFTERSCHOOL EDUCATORS



FREQUENTLY ASKED QUESTIONS

WHAT HAPPENS DURING AN ACRES MODULE?

- Participate in 3 virtual sessions per module. These are fun, interactive and engaging.
- Practice the skills and, if possible, record yourself working with youth. You can just use a cell phone or camera. Recordings need to be only 3 minutes long.
- Join peers to receive compliments, feedback, and coaching on your practice of the targeted skill.

WHO SHOULD GET INVOLVED?

Afterschool, Library, Museum, Summer or Out-of-School-Time educators who...

- Have consistent interactions with youth

- Are comfortable with video conferencing or willing to learn
- Have access to high speed internet, a computer, and to a cell phone, tablet or camera with video capability
- Have a willingness to learn and reflect on practice in a small group of peers from across the United States.

HOW MANY HOURS DOES IT TAKE TO COMPLETE A MODULE?

- 2 hours to do the skill workshop
- 2 hours over the course of a couple weeks for practicing the skill and uploading the video
- 2 hours for each coaching session (there are usually two coaching sessions)
- Total: 8 to 12 hours per module.

WHAT DOES THE RESEARCH SAY ABOUT ACRES*?

- 90% of participants found ACRES to be useful to their practice as an educator
- 85% found taking an ACRES course enjoyable
- 88% are likely to take another ACRES module
- 89% would recommend ACRES to a colleague

THE MOST IMPACTFUL ELEMENTS OF ACRES COACHING AS RATED BY PARTICIPANTS ARE:

- Interacting with Peers and their ACRES Coach
- Reflecting on their own practice
- Observing other educators working with youth

[HTTPS://ACRESCOACHING.ORG/RESEARCH-AND-PUBLICATIONS/](https://acrescoaching.org/research-and-publications/)